

OCTOBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 EXERCISE - 9:30 AM	2 PROJECT LINUS 10:00 AM 	3
4	5 TOWN MEETING - 7PM EXERCISE - 9AM CHORUS-10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	6 EXERCISE 9:30 AM ** SHINE COUNSELOR	7 MARKET BASKET 8:30 AM BINGO - 1:15 PM	8 EXERCISE - 9:30 AM ROAD TRIP TO WENHAM TEA HOUSE FOR LUNCH LEAVING AT 10:30 AM	9 COFFEE HOUR - 10 AM	10
11	12 Columbus Day SENIOR CENTER CLOSED 	13 EXERCISE 9:30 AM WATERCOLOR CLASS - 1 PM **SHINE COUNSELOR	14 BINGO - 1:15 PM	15 EXERCISE - 9:30 AM MOVIE AFTERNOON 1:15 PM YOUNG FRANKENSTEIN	16 COFFEE HOUR - 10 AM	17
18	19 EXERCISE - 9AM CHORUS-10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	20 EXERCISE 9:30 AM EATING LOCAL 11:30 GREAT AMERICAN TAVERN **SHINE COUNSELOR	21 MARKET BASKET 8:30 AM BINGO - 1:15 PM	22 EXERCISE - 9:30 AM 2016 MEDICARE INFORMATION MEETING 1:PM	23 COFFEE HOUR - 10 AM	24 United Nations Day 
25	26 EXERCISE - 9AM CHORUS-10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	27 EXERCISE 9:30 AM *SHINE COUNSELOR	28 BINGO - 1:15 PM	29 EXERCISE - 9:30 AM HALLOWEEN PARTY 12 NOON	30 COFFEE HOUR - 10 AM	31 Halloween 
RESERVATIONS NEEDED FOR MARKET BASKET, WATERCOLOR CLASS, EATING LOCAL, MOVIE, & HALLOWEEN PARTY. AND WENHAM TEA HOUSE**APPOINTMENT NEEDED TO MEET WITH SHI **APPOINTMENT NEEDED TO MEET WITH SHINE COUNSELOR. CALL THE SENIOR CENTER AT 978-664-5600				EDITH A. O'LEARY SENIOR CENTER 157 PARK STREET NORTH READING, MA 01864 978-664-5600		